

Teppanyaki

Teppanyaki is a style of Japanese cuisine that uses an iron griddle to cook food. The word teppanyaki is derived from teppan (鉄板), which is the metal plate on which it is cooked, and yaki (焼き), which means grilled, broiled, or pan-fried. In Japan, teppanyaki refers to dishes cooked using a teppan, including steak, shrimp, chopped vegetables, and rice or noodles.

Starter	Miso soup <i>Red Miso, tofu, shrimps, sprouts and kombu</i>
Side dish	Mixed vegetables <i>Asparagus, mushrooms, onions, peppers.</i>
Main course	<p>Please choose from one of the following main course dishes:</p> <div><div><div>1. Chicken breast <i>Served with Teriyaki sauce</i></div><div>2. Premium Lamb fillet <i>180 gr. served with red wine sauce</i></div><div>3. Lamb prime <i>180 gr. served with red wine sauce</i></div><div>4. Premium Beef Tenderloin <i>180 gr. served with black pepper sauce</i></div><div>5. Rib eye <i>180 gr. served with black pepper sauce</i></div><div>6. Sea food mix <i>Icelandic salmon and cod fish with scallops, tiger prawn, served with seafood sauce</i></div><div>7. Vegetarian menu <i>Vegetable pattie and Tofu with homemade sauce</i></div></div><div><div>6.290 kr.</div><div>8.990 kr. <i>Extra 100 gr. 1.700 kr</i></div><div>8.690 kr. <i>Extra 100 gr. 1.700 kr</i></div><div>9.990 kr. <i>Extra 100 gr. 1.700 kr</i></div><div>8.990 kr. <i>Extra 100 gr. 1.700 kr</i></div><div>7.290 kr.</div><div>5.290 kr.</div></div></div>
Starch	Teppan rice or Teppan noodle
Dessert	Flamed Ice cream <i>served with banana, topped with coconut and matcha powder</i>

Allergies and intolerance: Please speak to a member of staff if you require information about our ingredients.

T Teppanyaki

For kids



Starter

Miso soup

Red Miso, tofu, shrimps, sprouts and kombu

Aðalréttur

1. Chicken breast

Served with Teriyaki sauce and Teppan rice

or

2. Mixed seafood

Mixed with scallops, tiger prawns, and Icelandic salmon with seafood soy sauce, served with Teppan noodle

Eftirréttur

Home-made Ice cream

served with seasonal fruit and cream

2.990 kr.

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